#### **Challenge yourself**

Raise funds for Lucy AAC by taking on one of our challenge events. We have spaces in the iconic London Marathon, London Landmarks Half Marathon and Tough Mudder.

Take the leap for Lucy AAC! We can help you organise a skydive or parachute jump through our partners at Skyline Events.

Do you have a personal goal that you would like to achieve this year? Turn it in to a fundraising challenge by asking your friends and family to sponsor you if you reach your goal.



James ran one mile every hour for 24 hours and raised over £3,000.



Ed challenged himself to do 1,000 burpees in one day. He raised £1,250.



Jenny jumped out of a plane with her mum and best friend and raised over £6,300.

#### Fundraise at work

Nominate Lucy AAC at your place of work to become your chosen charity! Whether it's bike rides, book sales, head shaves or hikes, our amazing corporate fundraiser Nicola will look after you and make sure our partnership is the best it can be.

Double your money! Check with your employer to see if they have a matched funding policy. This means that your employer will match any funds that you raise, doubling your impact.

Support Lucy AAC this National Air Ambulance Week. This annual campaign takes place on the second week in September to celebrate the lifesaving work of air ambulance charities across the UK.

Payroll Giving is easy for your employer to set up and is a great way for employees to make monthly donations to support our incredible work. Regular donations like this are so important because they enable us to plan ahead.



IHS Markit raised £1,500 through a raffle and colouring competition at their annual Children's Christmas party.



10 teams from Houlihan Lokey competed in a pub quiz and raised £1,224.



CloudMargin hosted a bake off and bake sale at their offices and raised £280.

#### Get your family involved

lunteer

Bake and decorate some sweet treats with your family and sell them at school, your work or in your local community to raise funds for Lucy AAC. If you're baking cupcakes or muffins, don't forget to buy some Lucy AAC cake toppers at **edibilis.co.uk**.

Celebrate with us by swapping gifts for donations to Lucy AAC. Whether it's birthday, Christmas, or wedding gifts, you will be surprised at how generous people will be when you tell them that you are supporting our charity.

Children have amazing imaginations so don't forget to ask them how they would raise funds for Lucy AAC. You will see their creativity come to life and might come up with an idea you wouldn't have thought of!



Lucy S and Lucy D hosted a bake sale in the playground after school and raised £150.



Andrew and Brenda generously swapped wedding gifts for donations and raised £1,920.



COSTA

Kaia and Evie did a sponsored sleepout in their playhouse in the garden and raised £1,221.



#### **Fundraise virtually**

Host a virtual quiz with your friends and family. This is a really easy way to fundraise as we can create and host the quiz for you. No need to create any questions or do any research on the world's longest river... all you need to do is tell your friends and family about it and play!

Host a raffle - ask friends, family or local businesses if they can donate a prize to your raffle. You will only need three or four prizes to get started. Promote the raffle with your friends, family and colleagues at work. With some good prizes, you can raise a lot of money very quickly.

Declutter and donate - you can donate any unwanted books, games, CDs or DVDs through the trade-in site Ziffit, and 100% of the value will go directly to Lucy AAC! It is a safe, FREE service that helps you declutter and donate – all from the comfort of your own home!



Kati

Houlihan Lokey hosted a virtual danceathon with their employees and raised over £50,000!



The Mills Family hosted a raffle with their friends and family and raised £2,750.



Cassius, Lucian and Felix sold their old toys and donated the proceeds to Lucy AAC.